

# EQUAL PARENTING

## NEWSLETTER

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EMPOWERING YOUTH WORKERS: UNVEILING PROJECT EQUAL PARENTING'S MILESTONE -PROJECT RESULT 3



### IMPACT & INNOVATION: THE HEARTBEAT OF PR3

The anticipated impact of PR3 extends beyond just knowledge dissemination. It's about fostering a generation that appreciates the importance of equal parenting and is adept at using digital resources to spread this knowledge. The innovative problem-based learning approach and accountability groups ensure that learning is not just theoretical but translates into actionable insights.

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#### DEAR PROJECT EQUAL PARENTING PARTICIPANTS AND ADVOCATES,

As we advance through the transformative journey of Project Equal Parenting, it's our pleasure to share the strides we've made in Project Result 3 (PR3), an initiative dedicated to empowering youth workers and young adults through innovative, empathetic, and inclusive training programs.

### A GLIMPSE INTO PR3: INNOVATIVE TRAINING FOR TRANSFORMATION

PR3 is not just a training module; it's a paradigm shift in how we approach and impart knowledge on sensitive yet crucial topics like equal parenting. The core of PR3 lies in developing a train-the-trainers program that marries existing knowledge with new-age techniques and tools, focusing on positive psychology, fostering a positive mindset, and nurturing empathy.

#### EMPOWERING YOUTH WORKERS: THE CORE OF PR3

Our commitment through PR3 is twofold:

- I. Knowledge Enhancement: Equipping youth workers with the necessary insights and approaches to tackle sensitive societal topics effectively.
- 2. Skill Transferability: Enabling these trained professionals to become conduits of change by educating the youth, thereby amplifying the project's impact.

