

EQUAL
PARENTING



booklet

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The aim is to provide equal parenting by focusing on social gender roles, bad role models, lack of empathy, divorce and stress.

We'll make sure our youth workers, leaders, and young adults have the strategies, resources, and direction required to accomplish our goal. The Equal Parenting Project aims to help to break the gender roles in the society by equipping the youths to change the bad role models, also encouraging and preparing them for responsible parenthood.

We have developed this booklet with the aim of creating a collection of good "Equal Parenting" practices to encourage practical methods in each partner country. With these Best Practices we will create training materials for youth workers who will distribute our educational programme in their youth centres and to all our associated partners. Due to the few and sporadic ways it can be used in youth work, the aim is to prevent this topic from being neglected.



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